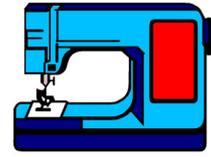




# STUMER'S

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# Boxer Shorts

## SEWING PROJECT

Boxer shorts are the most popular form of underwear available to men today, and they are very easy to make.

Materials are for medium sized boxer shorts—lengthen or shorten (see pattern) as needed, and adjust fabric accordingly. Neaten all exposed raw edges. Allow for 1.5cm seams.

### Materials:

1.40m of 1.15m wide silk or cotton fabric; elastic for waist—I used ‘drawing up’ elastic by Birch, but rows of ordinary elastic are suitable; sewing thread.

### Method:

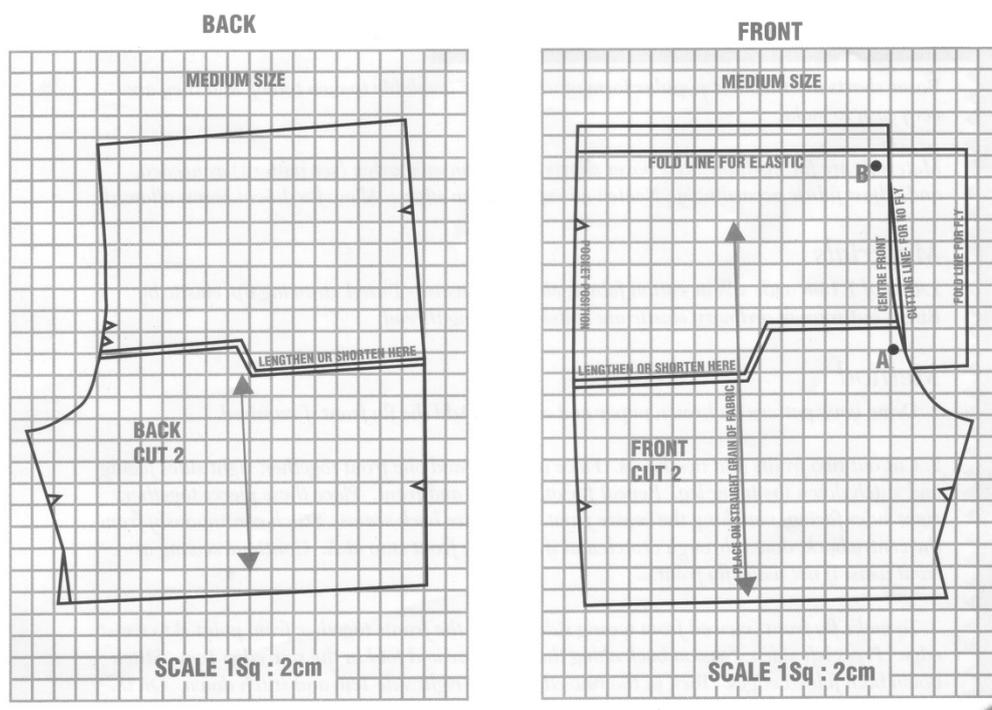
1. Draw your pattern on brown paper and cut out. Add the fly front if required.
2. Cut out two fronts and two backs. Place one back and one front together; right sides facing and stitch down the inner leg. Repeat for other back and front. Place these pieces together; right sides facing, matching the centre front and centre back seams. Stitch continuously from the centre back, down through crotch and if using fly front stop at A. Continue sewing at front waist if not using fly front.
3. To make fly front (viewed from wrong side); stitch the fronts together from point B to waist edge. Press left side extension back along the seam line and fold in the raw edge 1cm. Stitch down both folded edges. Turn in the raw edge of the right side 1cm and stitch down. On the right side; press the overlap neatly and stitch a ‘square’ with crossed stitching across the centre (like a gate) at the base of the fly front for re-inforcing. Add a button-hole and button to the centre.
4. With right sides facing stitch down side seams.

5A. Elastic: For “drawing-up” elastic—Press over waist at casing line, then trim away casing allowance 1cm above fold (only 1cm fabric will fold down behind elastic) and pin. Then stitch elastic into place, having the top edge of elastic just below the fabric fold. Draw up elastic threads to fit waist.

**OR**

5B. For elastic casing—Fold under top edge 1cm, then fold again at ‘fold line’ and stitch in place. Stitch three rows around waist making three casings, unpulling stitching at a side seam to allow for elastic insertion. Insert elastic to fit.

6. Hem leg edges.



**TIP**

*You can easily personalize boxer shorts with motifs and monograms embroidered on your machine.*